## IAPCO

## Plastics Pledge

Approved by Ticky the Turtle!

Take the IAPCO Plastics Pledge
The 38th Annual European Society of Regional Anaesthesia and Pain Tr
pledge to help to rid the meetings

industry of single-use plastic by:
( Making one real measurable change
within my organisation and/or events

My measurable change will be:
To end the use of non-recyclable plastic from the entire Congress replace it with biodegradable or recyclable options;
End the use of single use plastic water bottles by offering coolers with glasses | durable water bottles, or glass water bottles;

## Bonus Pledge Points:

We are committed to making real change in our local meeting industry by encouraging local stakeholders and suppliers to sign the IAPCO Plastics Pledge
$\checkmark$
We plan on doing an activity within our local meetings community to help reduce single-use plastic in our environment (some ideas are on page 5 of the toolkit)

We have banned single-use plastic within our organisation


We encourage videos and photos to support your pledge and any bonus activities, so that Ticky the Turtle can really share your achievements as an organisation.

Submit this completed pledge form to olivia@iapco.org
When will Ticky visit your office?
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